



## FLASH CARDS

This handout provides instructions on how to utilize your A Time to Heal flash cards. We encourage you to invite your family and friends to join you in this activity.

1. Shuffle all 52 cards and place them face down in rows of 7 or 8 with the A Time to Heal logo facing up.
2. Turn over two cards (one at a time) to reveal the icons.
3. If they match, congrats! Collect the cards into your own pile and take another turn.
4. If they aren't a match, turn the cards face down again, and it's the next player's turn.
  - a. Note, this game can be played alone or with up to 4 players.
5. The trick is to remember which cards are where.
6. The person with the most pairs at the end of the game wins.

**Hint** – for an easier game, match by color (blue, green, purple, orange).