



**A TIME TO HEAL**  
CANCER FOUNDATION

CREATE YOUR BEST LIFE EVENT

# COPING WITH SURVIVOR GUILT

Presented live by Kimarie Knowles

**SATURDAY, OCTOBER 15, 2022**

**AT 10:00 AM (CT) VIA ZOOM**

What is survivor guilt and what does it look like? How is it different from other cancer side effects? Many cancer survivors and caregivers experience guilt. It can come in a variety of forms and at any time. These feelings should be acknowledged and normalized. Join us for an open dialogue about survivor guilt, where it comes from, and how to cope with it.

